

# water

Water+ is about linking water to other interventions so that we can make the biggest impact possible. It is about sanitation and hygiene, but also about water for agriculture, for livelihoods, for nutrition, for keeping girls in schools, for helping women to be leaders and more. Water+ helps us achieve more with less and respond to the complex, inter-related needs of the people we work with.



## More Food

By focusing on judicious water management in the areas of soil moisture, rainfall and irrigation, water smart agriculture enables smallholder farmers to grow more food with less water.



## Empowered Women

When gender equity is addressed, waterpoints and latrines are more likely to remain functional. These amenities can, in turn, improve women's sense of dignity, security and control<sup>1</sup>.



## Girls in School

Making sure there's drinking water, soap and hygiene promotion at school has been shown to decrease girls' absenteeism by up to 58 percent<sup>2</sup>.



## Bigger Kids

Access to clean water and improved sanitation may decrease the risk of environmental enteropathy (a chronic inflammation of the small intestine) enabling the body to focus on growth and nutrient absorption<sup>3</sup>.

1. Ghulamali, Sabah, 2015. "Evaluating the Impact of Gender Equity on WASH Outcomes: Endline Evaluation of CARE Ghana's Gender Equity and Women's Empowerment Approach in the West Africa Water Supply, Sanitation, and Hygiene Program." CARE International. Available at: <http://water.care2share.wikispaces.net/Our+Research>

Kebede, A. et al., 2010. "Research into Women's experiences and their empowerment through a WASH intervention." CARE. Available at: <http://water.care2share.wikispaces.net/Our+Research>

2. Freeman, M.C., et al., 2011. "Assessing the impact of a school-based water treatment, hygiene and sanitation programme on pupil absence in Nyanza Province, Kenya: a cluster-randomized trial." *Trop Med International Health*; 17:380-391.

3. Humphrey, J. H., 2009. "Child undernutrition, tropical enteropathy, toilets, and handwashing." *Lancet*; 374:1032-35