

# At a Glance

## USAID Nutrition and Hygiene Project



The project integrates nutrition-specific and WASH interventions in the health and community sectors and nutrition-sensitive interventions in the agricultural sector. The project addresses both the immediate causes of malnutrition such as inadequate dietary intake and prevention of infectious diseases and the chronic causes of malnutrition such as poor hygiene, inadequate sanitation and low consumption of quality, diverse foods. The project works with mothers and in communities to sustainably increase access to WASH and nutritional food. Importantly, the project follow-ups with previously-triggered CLTS communities, and collaborates with local government agencies on reducing malnutrition.

### Project

#### GOAL

Improve the nutritional status of women and children, with a special emphasis on building resilience through the prevention and treatment of under nutrition while targeting the 1,000-day period from a mother's conception until age two of the child's life.

#### SELECT ACTIVITIES

- Increase small-scale production, processing, preparation and consumption of diverse and quality foods.
- Use multiple media channels and engagement with community health workers to promote, demonstrate, and support the adoption of key WASH behaviors.
- Conduct CLTS+ triggering, joint monitoring, and follow-up with previously-triggered communities, all in collaboration with local government, traditional leaders and community influencers.
- Organize effective joint supervision of community *relais* to increase efficiency and quality of messages and increase morale.

### Women's Empowerment

The project includes efforts to identify hierarchies and social networks that worsen power inequalities between sexes. This project will reveal and address norms that influence women's access to knowledge, food resources, and the decisions they can make autonomously about feeding their children.

### Country Information

CARE began its work in Mali in 1975 to help the government respond to an emergency. The work gradually shifted from emergency projects to programs helping local communities adopt initiatives for their own development. CARE Mali emphasizes the promotion of democratic governance, including assisting community organizations to be more effective.

Mali

West Africa

Duration:

October 2013 -  
September 2018

Budget:

\$ 14 million

Partners:

USAID, FHI360, IRC,  
YAGTU

Impact:

429,125 people  
350,000 women and girls

